

# Pauline Adair Workshop Figure Studies in Charcoal and Pastel

## Workshop info

When you begin to draw a figure - the brain will search and find stored images and matches them to what you are seeing. This happens in a Nano second.... faster than Googling! It's all in your natural 'hard drive' – images that have been filed away there, and ready to be called up. (I wonder how many terabytes we have in there!)

Sometimes therefore we draw what we know, rather than what we are seeing.

If you are an artist.... we don't want our brain to automatically over-ride what we are seeing. In this workshop we will attempt.... a brain by-pass, if you like!!!

YOU CAN fool the brain so that you will draw only what you see, and you will more accurately see proportions, truer shapes, and then deliver those shapes to your paper.

## Materials List:

Rigid drawing support – foam core is too flimsy and will bow, mdf board is good as it takes quite a lot of pressure when drawing with gusto!

(We will use half-sheets of newsprint, so your board should be just a tad larger all round.)

3 bulldog clips.

Drop sheet to protect your floor area.

Drawing Materials:

Fine & medium vine (willow) charcoal sticks.....a few

1 stick Faber Castell ES PITT compressed charcoal or similar

1 Kneaded eraser

Torchons (Paper stumps), assorted sizes. (optional)

Small pack of tissues

Bring your pastels if you have them. Pastels are optional.... participants can if they prefer, use charcoals or other drawing mediums for the entire day.

I can supply a starter list of pastels to buy if you contact me : [paulineadair@aapt.net.au](mailto:paulineadair@aapt.net.au)

## Paper:

About 20 to 25 sheets of blank newsprint. These should be flat, not rolled or folded. Size about 38 x 50cm... it can be cheaper to buy the full sheets 76 x50 cm and cut them in half. Attach them to your drawing board with your bulldog clips for transporting.

1 or 2 sheets pastel paper (if using pastels). I prefer to use Canson Mi-Tientes, in muted shades – e.g. Sand, Sepia, Tobacco, Flannel Grey, Twilight, Aubergine etc.

Other pastel papers will be fine too.... but no very, very bright colours please.

Again we will be using half sheets.

Small square of sandpaper for sharpening pastels.